



*Educating & Advocating*

The Marin County Commission on Aging promotes the dignity, independence, and quality of life of older persons through advocacy, information, programs, and services.

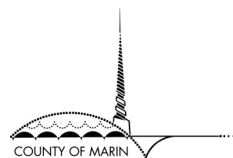
The Commission is a 23-member federally mandated advisory council to the Marin County Board of Supervisors. The members are appointed by either the Board of Supervisors or the 11 incorporated cities and towns in Marin. In addition, two commissioners serve as ex-officio members for a four-year term to the California Senior Legislature (CSL).

# 457•INFO

(415) 457- 4636  
457-info@marincounty.org

MARIN COUNTY  
AGING AND ADULT SERVICES

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PROGRAMS  
AND SERVICES



Marin County Aging and Adult Services  
10 N. San Pedro Rd Suite 1023  
San Rafael, CA 94903

Monday-Friday  
8:30am-5:00pm

[www.livelonglivewellmarin.org](http://www.livelonglivewellmarin.org)

If you are a person with a disability and require this document in an alternate format (example: Braille, Large Print, Audiotape, CD-ROM), you may request an alternate format by calling: (415) 457-INFO (Voice) (415) 473-3232 (TTY) or by e-mail at: 457-info@marincounty.org





## ABOUT

Aging and Adult Services is a major unit within the Marin County Department of Health and Human Services. We seek to promote and protect the health, well-being, self-sufficiency, and safety of people in Marin so that they can live long and live well. In partnership with community-based organizations, we provide a multi-disciplinary system of long-term services and supports for older adults and persons with disabilities.

# *Advocacy, Action, Answers*

## ADULT PROTECTIVE SERVICES

Ensures the safety of dependent adults and elders in the community by investigating allegations of abuse and neglect, including self-neglect. This includes assessment, consultation, and linkages to public and community-based organizations. Services are voluntary and the right to self-determination is honored.

## AREA AGENCY ON AGING

Serves as the leading planner, administrator, coordinator, and funder of federal Older Americans Act programs and services for older adults and family caregivers in Marin. More than 20 programs are provided directly or through home and community-based organizations, including: Assisted Transportation, Case Management, Social Dining and Home Delivered Meals, Family Caregiver Support, Hospital-to-Home Transition Assistance, and Senior Center Activities.

## INFORMATION AND ASSISTANCE

Provides assistance to individuals, families, and agencies in need of information or referrals. This unit also provides one-to-one options planning and short-term service coordination through an Aging and Disability Resource Connection with Marin Center for Independent Living.

## IN HOME SUPPORTIVE SERVICES (IHSS)

Assists older adults, blind, or disabled Medi-Cal eligible recipients to maintain their independence at home with domestic and non-medical care. IHSS social workers and nurses make in-home visits to assess needs and authorize services on a time-per-task basis. Recipients hire their own care provider or can receive referrals from the IHSS Public Authority of Marin.

## OMBUDSMAN

Advocates for the rights of residents of long-term care facilities, including nursing homes and residential care facilities for the elderly. Ombudsman investigate and endeavor to resolve complaints made by residents or others on their behalf.